

Minoxidil 5% / Finasteride 0.1%

Topical Spray

Patient Information Leaflet



PharmaBee

What This Leaflet Contains

- What this product is and what it is used for
- What you need to know before using this product
- How to use this product
- Possible side effects
- How to store this product
- Contents of the pack and other information

Read all of this leaflet carefully before you start using this medicine. Keep it for future reference. If you have any questions, please contact your doctor, nurse, or pharmacist.

Always use this medicine exactly as described in this leaflet or as directed by your healthcare professional.

Report any side effects not listed in this leaflet via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard

You must talk to a doctor if your symptoms are getting worse or do not improve after four months.

1. What This Product Is and What It Is Used For

This topical spray combines two active ingredients to treat androgenetic alopecia (male and female pattern hair loss):

- Minoxidil (5%) stimulates hair follicles by extending the anagen (growth) phase and increasing scalp blood flow, promoting regrowth and reducing ongoing hair loss.
- Finasteride (0.1%) applied topically inhibits 5-alpha reductase at the scalp, reducing local DHT production with minimal systemic absorption. This targets the hormonal driver of follicle miniaturisation while limiting the systemic side effects associated with oral finasteride.

This combination is suitable for men and women with androgenetic alopecia seeking a well-tolerated, topical approach that addresses both vascular and hormonal mechanisms.

This product is unlicensed in the UK for this indication and has been prescribed based on clinical judgement. Results may take 4–6 months to become visible.

2. What You Need to Know Before Using This Product

Do Not Use This Product If:

- You are allergic to minoxidil, finasteride, or any ingredient listed in Section 6.
- You are pregnant, planning to become pregnant, or breastfeeding. Women of childbearing age must use reliable contraception during use.
- You have a scalp condition including psoriasis, eczema, sunburn, open wounds, or active skin infection.
- You have severe cardiovascular disease, arrhythmia, or pericardial effusion.
- You have liver disease.

Warnings and Precautions

Pregnancy – Critical: Finasteride can be absorbed through the skin. Pregnant women or women who may become pregnant must not handle or apply this product. If accidental skin contact occurs, wash immediately with soap and water.

Cardiovascular: Although systemic absorption of minoxidil from topical use is low, patients with heart disease or low blood pressure should use this product with caution.

Fertility: Men should use condoms during intercourse if their partner is pregnant or planning to become pregnant while this product is in use.

PSA: Topical finasteride may slightly lower PSA levels. Inform your doctor before prostate cancer screening.

Hair shedding: An initial temporary increase in hair shedding may occur in the first 2–4 weeks. This is generally a sign of follicle activity and usually resolves.

Other Medicines and This Product:

Inform your doctor or pharmacist if you are applying other scalp treatments or taking any systemic medications, particularly blood pressure medicines, antifungals (e.g. ketoconazole), HIV medications (e.g. ritonavir), or alpha-blockers (e.g. tamsulosin).

3. How to Use This Product

Use exactly as directed by your healthcare professional.

Recommended dose: Apply 1 ml (5–6 sprays) to the affected areas of the scalp once or twice daily as directed.

Application Instructions

- Ensure the hair and scalp are dry before application.
- Part the hair to expose the affected scalp.
- Hold the spray bottle upright and spray 5–6 pumps directly onto the scalp.
- Spread and gently massage into the scalp with fingertips.
- Wash hands thoroughly after application.

Precautions During Application

- Avoid contact with eyes, nose, and mouth. Rinse immediately with water if contact occurs.
- Do not inhale the spray mist.
- Do not apply to broken, inflamed, or irritated skin.
- Wait at least 4 hours before washing the scalp after application.
- Women and children must not handle this product.
- This product is flammable — keep away from open flames and heat sources.

4. Possible Side Effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Common Side Effects (may affect up to 1 in 10 users)

- Scalp itching, redness, or irritation at the application site.
- Dryness or flaking of the scalp.
- Temporary hair shedding in the first weeks of use.

Uncommon Side Effects (may affect up to 1 in 100 users)

- Decreased libido or sexual dysfunction.
- Breast tenderness or enlargement.
- Mood changes or low mood.
- Unwanted facial or body hair growth (particularly in women).
- Dizziness or light-headedness.

Rare – Seek Immediate Medical Attention

- Rapid or irregular heartbeat, chest pain, or shortness of breath.
- **Severe allergic reaction:** swelling of lips, tongue, or throat; difficulty breathing; urticaria.

Stop using this product and seek immediate medical attention if any serious effects occur.

5. How to Store This Product

- Store below 25°C in an upright position.
- Keep away from heat and direct sunlight.
- Do not freeze.
- Keep out of reach and sight of children.
- Do not use after the expiry date shown on the label.
- Dispose of unused medication responsibly – consult your pharmacist for guidance.

This product contains alcohol and is flammable. Do not store near heat or naked flames.

6. Contents of the Pack and Other Information

Active ingredients: Minoxidil 5%, Finasteride 0.1%

Other ingredients: Ethanol, propylene glycol, purified water.

This product is provided as a topical solution in a spray bottle.

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This leaflet complies with the standards set by the MHRA, GPhC, and GMC to ensure patient safety and regulatory compliance. Report side effects via the Yellow Card Scheme: www.mhra.gov.uk/yellowcard

