

Minoxidil 2.5mg / Dutasteride 0.5mg Capsules

Patient Information Leaflet



PharmaBee

What This Leaflet Contains

- What this product is and what it is used for
- What you need to know before using this product
- How to use this product
- Possible side effects
- How to store this product
- Contents of the pack and other information

Read all of this leaflet carefully before you start using this medicine. Keep it for future reference. If you have any questions, please contact your doctor, nurse, or pharmacist.

Always use this medicine exactly as described in this leaflet or as directed by your healthcare professional.

Report any side effects not listed in this leaflet via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard

You must talk to a doctor if your symptoms are getting worse or do not improve after four months.

1. What This Product Is and What It Is Used For

These oral capsules combine two active ingredients for the treatment of androgenetic alopecia (male and female pattern hair loss):

- Minoxidil (2.5mg) is a vasodilator that acts systemically to promote hair follicle growth by prolonging the anagen (growth) phase and stimulating follicles to enlarge. Low-dose oral minoxidil is increasingly used in both men and women for hair loss.
- Dutasteride (0.5mg) is a dual 5-alpha reductase inhibitor (types I and II) that potently reduces serum DHT by up to 90%, helping to halt follicle miniaturisation and promote hair regrowth.

This combination targets two independent mechanisms of androgenetic alopecia, making it suitable for patients who have not responded adequately to single-agent therapy or topical treatments.

This product is unlicensed in the UK for this indication. It has been prescribed based on clinical judgement. Visible results typically take 4–6 months.

2. What You Need to Know Before Using This Product

Do Not Take These Capsules If:

- You are allergic to dutasteride, minoxidil, other 5-alpha reductase inhibitors, or any ingredient listed in Section 6.
- You are pregnant, planning to become pregnant, or breastfeeding. Dutasteride is absolutely contraindicated in pregnancy.
- You have liver disease or significantly impaired liver function.
- You have known cardiovascular disease, particularly arrhythmia, heart failure, severe coronary artery disease, or pericardial effusion.
- You have pulmonary hypertension.

Warnings and Precautions

Pregnancy – Critical: Dutasteride causes abnormalities of the external genitalia of the male fetus. Women who are pregnant or may become pregnant must not take, handle, or be exposed to this product. Capsules must not be crushed or opened. \

Cardiovascular: Oral minoxidil can cause fluid retention, tachycardia, and, rarely, pericardial effusion. Patients should be monitored for oedema, weight gain, and cardiovascular symptoms.

Blood pressure: Low-dose minoxidil may lower blood pressure. Use with caution if you are already taking antihypertensives.

Fertility: Dutasteride reduces semen volume and sperm motility. Men whose partner is pregnant should use condoms. Dutasteride is detectable in semen for up to 6 months after discontinuation.

PSA: Dutasteride reduces serum PSA by approximately 50% within 3–6 months. Inform your doctor if undergoing prostate cancer screening.

Blood donation: Do not donate blood during treatment or within 6 months of stopping, due to the risk of dutasteride exposure in pregnant recipients.

Other Medicines and These Capsules:

Inform your doctor or pharmacist if you are taking: blood pressure medications; CYP3A4 inhibitors such as ketoconazole, itraconazole, ritonavir, or indinavir (these may increase dutasteride blood levels); or alpha-blockers such as tamsulosin or doxazosin.

3. How to Use This Product

Take exactly as directed by your healthcare professional.

Recommended dose: Take one capsule daily, or as prescribed.

Administration Instructions

- Swallow capsules whole with a glass of water.
- Do not crush, chew, or open capsules.
- May be taken with or without food.
- Take at the same time each day to maintain consistent levels.
- If you miss a dose, take it as soon as you remember. If it is almost time for your next dose, skip the missed dose and continue as normal. Do not take a double dose.

4. Possible Side Effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Common Side Effects (may affect up to 1 in 10 users)

- Fluid retention or ankle/leg swelling.
- Increased heart rate (tachycardia).
- Headache.
- Unwanted body or facial hair growth.

Uncommon Side Effects (may affect up to 1 in 100 users)

- Decreased libido or sexual dysfunction.
- Breast tenderness or enlargement (gynaecomastia) in men.
- Ejaculatory dysfunction or reduced semen volume.
- Dizziness or light-headedness.
- Nausea.

Rare — Seek Immediate Medical Attention

- Rapid, irregular, or pounding heartbeat.
- Shortness of breath, chest pain, or chest tightness.

- Severe allergic reaction: swelling of the face, lips, tongue, or throat; difficulty breathing; skin rash.
- Signs of pericardial effusion: difficulty breathing when lying flat, worsening chest discomfort.

Stop taking this medicine and contact your doctor immediately if you experience any of the above serious effects.

5. How to Store This Product

- Store below 25°C in an upright position.
- Keep away from heat and direct sunlight.
- Do not freeze.
- Keep out of reach and sight of children.
- Do not use after the expiry date shown on the label.
- Dispose of unused medication responsibly – consult your pharmacist for guidance.

6. Contents of the Pack and Other Information

Active ingredients: Minoxidil 2.5mg, Dutasteride 0.5mg per capsule

Other ingredients: Capsule shell (gelatin or HPMC), excipients as appropriate.

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This leaflet complies with the standards set by the MHRA, GPhC, and GMC to ensure patient safety and regulatory compliance. Report side effects via the Yellow Card Scheme: www.mhra.gov.uk/yellowcard

